

Clinical requirements and objectives for each of our courses

There are four sequential clinical courses in the FNP program that build on the knowledge and skills learned in previous courses to implement therapeutic regimens in health promotion, disease prevention, assessment and management of common acute and chronic medical conditions. FNP students will learn to assess, plan, and evaluate care. Students will learn how to order and interpret laboratory and diagnostic data and to incorporate non-pharmacologic and pharmacologic therapeutics into their treatment plan. Upon completion of the program, students will be prepared to care for families and family members of all ages in the primary care setting.

Family NP Role Practicum: The student will need a minimum of 90 hours

The graduate Nursing Program is accredited by the Accreditation Commission for Education. The advanced practice nurse (family nurse practitioner) is expected to function independently and collaboratively to provide a broad range of health care services including assessment, intervention, health promotion, illness prevention, maintenance of function, and evidence-based management of health problems across the life span in a variety of settings. In this course, students provide direct primary advanced nursing care, with a focus on illness prevention and health promotion, to a variety of clients with an emphasis on increasing knowledge and skills directly related to the FNP role. The student will need to complete a minimum of **90** clinical hours.

Spend the first 1-2 days observing

- Be provided a high level of direction, which decreases as clinical judgment improves
- Complete comprehensive health histories and physical examinations
- Begin to distinguish between normal and abnormal findings
- Utilize and order appropriate screening tests
- Develop treatment plans for patients with health promotion/maintenance needs
- Document history and examination findings in the patient record
- See 4-6 patients during an 8 hour shift
- 1. Examine the historical perspectives of advanced practice nursing, the development of the various roles, the coordination among the roles, and the collaborative relationship with medicine.
- 2. Explain the competencies of the Family Nurse Practitioner as an advanced practice nurse as presented by the professional organizations and certifying agencies.
- 3. Examine the ethical decision making skills necessary for practicing at an advanced level.
- 4. Apply a theory based conceptual framework to guide interactions between the family nurse practitioner and the patient as well as the members of the family.
- 5. Work collaboratively with Advanced Practice Nurses and Physicians.
- 6. Synthesize the principles of pathophysiology, pharmacology, and health assessment techniques with evidence-based practice guidelines to assess, diagnose, treat and evaluate treatment of clients with a wide variety of health issues across the life span.



Adult Family in Health & Illness: The student will need a minimum of 135 clinical hours.

Students are expected to see more episodic visits and follow up visits for stable chronic diseases among clients ages 18 and above. Students will begin prescribing and ordering and interpreting diagnostics tests. The focus is on developing evidence based management plans with the guidance of the preceptor.

In general, students should:

- Spend the first 1-2 days observing
- Create management plans with preceptor guidance
- Be provided a moderate level of direction, which decreases as clinical judgment improves
- Take on more independent responsibilities as they progress
- Complete history and physical examinations displaying advanced physical exam techniques
- Begin ordering appropriate diagnostics
- See 6-10 patients during an 8 hour shift Examples of visits that are congruent with didactic instruction this semester include but not limited to:
 - Adult with earache or URI symptoms
 - Adult with sprained ankle
 - Evaluation of patients presenting with hypertension, hyperlipidemia, diabetes, GERD, urinary tract

infection

The objectives for this course include:

- 1. Provide appropriate health promotion and disease prevention education and monitoring for adult and geriatric clients according to accepted guidelines.
- 2. Appropriately assess, diagnose, and manage the care of the acutely ill adult or geriatric client in the outpatient clinical setting using evidence-based practice guidelines.
- 3. Monitor and evaluate client behaviors and specific outcomes to determine the efficacy of interventions and indicate the need to change or maintain current treatment regimes.
- 4. Coordinate the care of the adult or geriatric client within the health care system through collaboration with same specialty primary care providers and/or timely, appropriate referral for specialty care.
- 5. Utilize an ethical approach in the coordination of care involving third party payer guidelines and cost effectiveness while professionally maintaining the role of patient advocate.
- 6. Apply a theory-based conceptual framework to guide interactions between the family nurse practitioner and the members of the aging family in both health and illness.

Young Family practicum: The student will need a minimum of 135 clinical hours focused on managing the pregnant/post-partum client and episodic and acute conditions of the pediatric client ages ranging from 1 week-18 years in an ambulatory care setting. It is our intent for each student to spend a minimum of 65 hours in an OB/GYNE practice and a minimum of 65 hours in a pediatric practice.

The graduate Nursing Program is accredited by the Accreditation Commission for Education. In this course, students provide direct primary advanced nursing care to a variety of clients with the emphasis on increasing knowledge and skills directly related to pregnant and pediatric/adolescent clients.



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In general, students should:

- Spend the first day observing
- Be provided a moderate level of direction, which decreases as clinical judgment in the discipline improves
- Complete comprehensive health histories and physical examinations
- Distinguish between normal and abnormal findings
- Utilize and order appropriate screening tests
- Develop treatment plans for patients with health promotion/maintenance needs
- Document history and examination findings in the patient record
- See 8-12 patients during an 8 hour shift

The objectives for this course include:

- 1. Provide anticipatory guidance, counseling, and management of the well infant, child or adolescent client through the use of professional health assessment skills and established guidelines.
- 2. Manage the healthy pre-natal and post-natal care of women/adolescents in the obstetric or family care setting through accurate assessment and diagnosis based upon the application and synthesis of established guidelines.
- 3. Recognize deviations from normal function in the infant, child or adolescent client to accurately diagnose commonly encountered developmental disorders or diseases, to implement appropriate therapeutic interventions using evidence-based guidelines, and to evaluate the effectiveness of the interventions.
- 4. Recognize deviations from the normal progression of pregnancy and the post-natal state, to implement appropriate therapeutic interventions using evidence-based guidelines to protect the client and fetus.
- 5. Coordinate care of the infant, child, adolescent, and pregnant client within the health care system through collaboration with same specialty primary care providers and/or timely, appropriate referral for more specialty care.
- 6. Utilize an ethical approach in the coordination of care involving third party payer guidelines and cost effectiveness while professionally maintaining the role of patient advocate.
- 7. Apply a theory-based conceptual framework to guide interactions between the advanced practice nurse and the members of the young family in both health and illness.

Family Nurse Practitioner Concentration: The student will need a minimum of 180 clinical hours.

The graduate Nursing Program is accredited by the Accreditation Commission for Education.

The student should be provided with extensive clinical experiences to prepare them to assume the role and professional responsibilities of the entry level family nurse practitioner. Students should see patients independently this semester and develop plans of care in consultation with the preceptor. Students are to demonstrate continued growth and competency in direct patient care in the primary care setting. The student is expected to take responsibility for evaluating their skills and seek clinical experiences to broaden their base of knowledge of the family nurse practitioner role with course faculty oversight and clinical preceptor supervision. The student will select a final in-depth synthesis project related to a specific problem encountered in the primary care setting and submit a formal written report. This information will be used to prepare a poster for the final oral comprehensive presentation.

In general, students should:

- Perform all role functions in an organized, efficient, and skillful manner
- Integrate concepts from the entire program to include issues surrounding ethics, policy, genetics, legal, and social



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- Engage in interdisciplinary collaboration, consultation and referral
- Develop a collegial relationship with you as the preceptor
- See 12-15 patients during an 8 hour shift
 - Examples of **visits** that are congruent with didactic instruction this semester include:
 - Integration of all prior semesters, including well care, acute care and chronic disease management
 - Examples of **visits** that are congruent with didactic instruction this semester include:
 - Older adult with heart failure
 - Patient with arthritis, coagulopathy
 - Evaluation of patient with jaundice

The objectives of this course include:

- 1. Clearly explain and implement the role of the Family Nurse Practitioner.
- 2. Synthesize the principles of pathophysiology, pharmacology, and health assessment techniques with evidence-based practice guidelines and current research to assess, diagnose, treat and evaluate treatment of clients with a wide variety of health issues across the life span.
- 3. Provide culturally competent care across the lifespan.
- 4. Display ethical practice and client advocacy.
- 5. Apply a theory based conceptual framework to guide interactions between the family nurse practitioner and the patient as well as the members of the family.
- 6. Identify health policy issues pertinent to advanced practice nursing and the family nurse practitioner role.
- 7. Work collaboratively with advanced practice nurses, physicians, and other health care providers.

The Doctor in Nursing Practice (DNP): The student will need a minimum of 42 clinical hours.

Provides a professional practice doctorate in nursing that is designed for applicants to matriculate at two entry points: post baccalaureate or post master's degree with a major in nursing. The degree prepares the graduate for a career with a focus on one of the following advanced professional practice specialties: direct practice, community behavior, leadership/administration, or practitioner/educator. The sequence of courses provides the DNP graduate with the skills to assume leadership in meeting the healthcare needs of clients in a variety of settings; the program has an emphasis on the care of vulnerable populations.

The objectives of this course include:

- 1. Demonstrate advanced levels of clinical judgment/scholarship in nursing practice.
- 2. Critically analyze complex clinical situations and practice systems.
- 3. Evaluate and apply conceptual models, theories, and research in order to improve healthcare of diverse populations.
- 4. Systematically investigate a clinically focused area of nursing in order to order advanced healthcare.
- 5. Analyze the social, economic, political, and policy components of healthcare systems, which affect care planning and delivery.
- 6. Assume leadership roles in the development of clinical practice models, education models, health policy, and standards of care.



7. Integrate professional values and ethical decision-making in advanced nursing practice.

Clinical Nurse Specialist in Adult Health Care: The student will need a minimum of 500 clinical hours.

The graduate Nursing Program is accredited by the Accreditation Commission for Education. Provides graduate students with field experiences to implement the role of the clinical nurse specialist. Students work with a variety of adult clients incorporating advanced practice models in healthcare settings with course faculty and clinical preceptor supervision. A needs assessment is conducted after which the student identifies a nursing problem for a project that will be implemented.

Nursing Administration The student will need a minimum of 42 clinical hours.

Provides opportunities for synthesis, integration, and utilization of theory and concepts in a practicum setting. Focuses on the implementation of the role of nurse administrator in selected healthcare area.